

# Complete Hearing

4200 pioneer woods drive | lincoln ne 68506 | 402/489-4418 | (f) 402/489-2268 | [complete-hearing.com](http://complete-hearing.com)

Welcome to **Complete Hearing**! We are delighted that you have chosen our practice for your health care needs. We value your time and are looking forward to providing you with an unmatched healthcare experience.

When you arrive at our practice, please be sure to have the following with you:

■ **Intake Paperwork.**

Please complete the front and back of all paperwork. If a question or form does not pertain to you, please write **'N/A' or 'NONE'**.

■ **Current insurance card(s).**

All eligible procedures will be filed with your insurance. Non-eligible services will occur and range from \$25 - \$287. These will be disclosed to you and are due at the time of your visit.

If *Medicare or Medicaid* is your primary insurance, a physician order must be sent from your Primary Care Physician for us to bill your insurance. To obtain an order, please notify them of your appointment and that you need an order for "decreased hearing" or for the symptoms we are evaluating.

The order/referral can be faxed to us at **402/489.2268**.

■ **A friend or family member whose voice is familiar to you.**

Please have a friend or family member present during the consultation appointment. Having a familiar voice and a "second set of ears" is helpful during the evaluation and review of your test results.

Do not hesitate to call if you have any questions. If you are unable to keep your scheduled appointment, we ask that you notify us at least 24 hours in advance.

We are looking forward to meeting you,



Summer Brown, M.S., H.I.S., Dr. Sandra Miller, Au.D.  
Dr. Meghanne Wetta, Au.D., Dr. Macy Schott-Miller, Au.D.,  
and Dr. Sam Ducote, Au.D.

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## PATIENT INFORMATION

Last name: \_\_\_\_\_ First name: \_\_\_\_\_ Middle initial: \_\_\_\_\_  
Preferred first name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: ☐female / ☐male  
Living facility name: \_\_\_\_\_  
Home address: \_\_\_\_\_ Apt #: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_ Email address: \_\_\_\_\_  
Phone numbers: Cell \_\_\_\_\_ Home \_\_\_\_\_ Work \_\_\_\_\_  
Marital Status: ☐single / ☐married\* / ☐divorced / ☐widowed / ☐partner \*Spouses name: \_\_\_\_\_  
Primary Care Physician: \_\_\_\_\_ Referring Physician: \_\_\_\_\_  
Would you like today's findings sent to your referring or PCP? ☐Yes ☐No  
What is your preferred language? ☐English ☐Spanish ☐Other: \_\_\_\_\_  
Employment: ☐full-time\*\*/ ☐part-time\*\*/☐retired/☐unemployed Occupation: \_\_\_\_\_  
\*\*Employer's Name: \_\_\_\_\_ \*\*Employer's Phone#: \_\_\_\_\_

## RESPONSIBLE PARTY

Last name: \_\_\_\_\_ First name: \_\_\_\_\_ Middle initial: \_\_\_\_\_  
Preferred first name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: ☐female / ☐male  
Home address: \_\_\_\_\_ Apt #: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_ Email address: \_\_\_\_\_  
Phone numbers: Cell \_\_\_\_\_ Home \_\_\_\_\_ Work \_\_\_\_\_  
Marital Status: ☐single / ☐married\* / ☐divorced / widowed / ☐partner\* Spouses name: \_\_\_\_\_  
Employment: ☐full-time\*\*/☐part-time\*\*/☐retired/☐unemployed Occupation: \_\_\_\_\_  
\*\*Employer's Name: \_\_\_\_\_ \*\*Employer's Phone#: \_\_\_\_\_

Do you currently take any medications? ☐Yes ☐No If yes, please complete the following.

| MEDICATION<br>(TO INCLUDE: PRESCRIPTIONS/VITAMINS &<br>OVER-THE-COUNTER MEDICATIONS) | DOSAGE<br>AMOUNT | ORAL /<br>INJECTION | HOW MANY<br>TIMES / DAY | REASON FOR TAKING MEDICATION |
|--|------------------|---------------------|-------------------------|------------------------------|
|  |                  |                     |                         |                              |
|  |                  |                     |                         |                              |
|  |                  |                     |                         |                              |
|  |                  |                     |                         |                              |
|  |                  |                     |                         |                              |
|  |                  |                     |                         |                              |

\*IF YOU NEED MORE SPACE, PLEASE CONTINUE ON THE OTHER SIDE.

How did you hear about Us? \_\_\_\_\_

Yellow pages, Newspaper, Radio, TV, Mail, Online, Other: Please name if Doctor / Friend / Family Member

Name of person with you today? \_\_\_\_\_

**Thank you** for taking the time to fill out this release. Please sign below indicating that the information in this form has been read, understood, filled out completely & accurately to the best of your knowledge.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If someone other than the patient filled out this form, please sign & state relationship to patient.

REVISED 1/2025

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Patient name: \_\_\_\_\_ Preferred first name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Please list all allergies: (To include but not be limited to: Food, Medications, Plastics, etc.) \_\_\_\_\_

Tobacco Use: ☐ Past ☐ Current ☐ Never Use: ☐ Cigarettes ☐ Cigars ☐ Pipe ☐ Smokeless ☐ Vaping

Do you drink alcoholic beverages? ☐ Yes ☐ No How often: ☐ Daily ☐ Weekly ☐ Monthly ☐ Occasionally ☐ Rarely

Do you currently use recreational drugs? ☐ Yes ☐ No Which drugs & how often: \_\_\_\_\_

Have you experienced any of the following major medical problems? (Please list the approximate date of diagnosis)

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> AIDS/HIV                | <input type="checkbox"/> Diabetes I or II        | <input type="checkbox"/> Malaria                          |
| <input type="checkbox"/> Anxiety                 | <input type="checkbox"/> Encephalitis            | <input type="checkbox"/> Measles                          |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Fatigue                 | <input type="checkbox"/> Meningitis                       |
| <input type="checkbox"/> Blood Disorders/Thinner | <input type="checkbox"/> Genetic Disorders _____ | <input type="checkbox"/> Mumps                            |
| <input type="checkbox"/> Cancer _____            | <input type="checkbox"/> Headaches/Migraines     | <input type="checkbox"/> Scarlet Fever                    |
| <input type="checkbox"/> Chicken Pox             | <input type="checkbox"/> Head/Neck Injury        | <input type="checkbox"/> Stroke                           |
| <input type="checkbox"/> Depression              | <input type="checkbox"/> Heart Problems          | <input type="checkbox"/> TMJ                              |
| <input type="checkbox"/> Dementia/Alzheimer's    | <input type="checkbox"/> High Blood Pressure     | <input type="checkbox"/> Visual difficulties/disturbances |

List all significant medical history if it was not mentioned above: \_\_\_\_\_

Are you **currently** experiencing any of the following symptoms?

- ☐ Eye problems (such as blurred or double vision, pain)
- ☐ Nose, throat, or mouth problems (such as trouble swallowing, nose bleeds, dental issues)
- ☐ Cardiovascular issues (such as hypertension, chest pain, swelling, palpitations)
- ☐ Respiratory issues (such as shortness of breath, cough, wheezing)
- ☐ Gastrointestinal issues (such as nausea, vomiting, weight changes, diarrhea, pain)
- ☐ Musculoskeletal issues (such as joint pain, swelling, recent trauma)
- ☐ Neurological symptoms (such as numbness, headaches, tingling, seizures, muscle weakness)
- ☐ Psychiatric issues (such as depression, anxiety, compulsions)
- ☐ Endocrine symptoms (such as frequent urination, hot flashes)
- ☐ Hematologic/lymphatic symptoms (such as bleeding gums, bruising, swollen glands)
- ☐ Allergic/immunologic symptoms (such as hives, asthma, itching, immune deficiency)

Comments related to symptoms mentioned above: \_\_\_\_\_

Has your hearing been previously tested? ☐ Yes ☐ No

If yes, please list when and the results, if known: \_\_\_\_\_

Why have you decided to have your hearing tested today? \_\_\_\_\_

When did you first notice a problem with your hearing? ☐ Sudden Onset ☐ Months Ago ☐ Years Ago

Do you feel your hearing is better in one ear? ☐ Yes ☐ No If yes, which ear: ☐ Right ☐ Left

Regarding your ears/hearing, are you currently experiencing any of the following?

☐Dizziness

☐Unsteady/Balance struggles      ☐Lightheadedness      ☐True spinning sensations

Is it accompanied by: ☐Nausea   ☐Ringing/Noises in ear(s)   ☐Hearing loss   ☐Visual disturbances   ☐Other

Take a Vitamin D supplement: ☐Yes   ☐No

Please describe *when* it happens, *how often*, *how long* & can you do anything to *alleviate* the symptoms?

☐Falling Down

How many falls in the past 12 months: \_\_\_\_\_

Have you been injured: ☐Yes   ☐No   Describe: \_\_\_\_\_

Take a Vitamin D supplement: ☐Yes   ☐No

☐Cerumen/Ear Wax Buildup      ☐Right   ☐Left

☐Ear Deformity      ☐Right   ☐Left

☐Ear Drainage      ☐Right   ☐Left

☐Ear Pain      ☐Right   ☐Left

☐Ear Pressure/Fullness      ☐Right   ☐Left

☐Family History of Hearing Loss

Who is the family member(s) & approximate age of known hearing loss: \_\_\_\_\_

☐History of Ear Infections      ☐Right   ☐Left☐History of Noise Exposure

Please list the types of noise: \_\_\_\_\_

Did you wear hearing protection when exposed to these noises?      ☐Yes   ☐No

☐Itchy Ears      ☐Right   ☐Left☐Previous Ear Surgery      ☐Right   ☐Left

What for & when: \_\_\_\_\_

☐Tinnitus/Ringing/Buzzing in the Ears      ☐Right   ☐Left

How long have you experienced it or When did it start? \_\_\_\_\_

Is it constant or does it come/go? \_\_\_\_\_

Do you notice it more during the day or night? \_\_\_\_\_

Please describe the sound: Pitch (high/low) / Roaring / Thumping / Crickets / Cicadas ? \_\_\_\_\_

\_\_\_\_\_

Are there conditions/times you notice the sounds are worse? \_\_\_\_\_

How do the sounds affect your sleep mood / concentration abilities / anxiety? \_\_\_\_\_

\_\_\_\_\_

If there are other medical experiences or symptoms regarding your ears that is not mentioned above? Please provide this information here: \_\_\_\_\_

\_\_\_\_\_

**Thank you** for taking the time to fill out this form. Please sign below indicating that the information in this form has been read, understood, filled out completely & accurately to the best of your knowledge.

If someone other than the patient filled out this form, please sign below & state relationship to patient.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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**Instructions:** Listed below are statements regarding different listening environments. For each statement, please check the appropriate response: Yes / No / Sometimes (ST). If you currently wear hearing devices, please answer each question according to your experience with your hearing devices on.

1. When I am having a one-on-one conversation in quiet, I have difficulty understanding.....☐Yes    ☐No    ☐ST
2. I have to ask unfamiliar people to repeat themselves.....☐Yes    ☐No    ☐ST
3. I have difficulty understanding conversation when several people are talking.....☐Yes    ☐No    ☐ST
4. When I'm at a restaurant or in the dining hall, understanding speech is difficult.....☐Yes    ☐No    ☐ST
5. At times, I miss information when I'm listening to a lecture or sermon.....☐Yes    ☐No    ☐ST
6. At times, I miss information when in a large group or meeting.....☐Yes    ☐No    ☐ST
7. I have trouble understanding others when in the car.....☐Yes    ☐No    ☐ST
8. I have difficulty when listening to TV or radio.....☐Yes    ☐No    ☐ST
9. I have difficulty hearing on the phone.....☐Yes    ☐No    ☐ST  
Which ear do you use the telephone on?    ☐Right    ☐Left  
Do you use a cell phone?    ☐Yes    ☐No    Which brand: \_\_\_\_\_
10. I wish people would talk louder.....☐Yes    ☐No    ☐ST
11. I wish people would talk clearer.....☐Yes    ☐No    ☐ST
12. I have difficulty hearing women or children's voices.....☐Yes    ☐No    ☐ST
13. I have difficulty hearing men's voices.....☐Yes    ☐No    ☐ST
14. Hearing difficulties cause me to have disagreements with my family or friends.....☐Yes    ☐No    ☐ST
15. My hearing difficulties restrict my personal or social life.....☐Yes    ☐No    ☐ST

Please list the top three situations where you would most like to hear better:

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

**Instructions:** What is your most important consideration regarding hearing devices? Rank in order the following factors with 1 as the most important and 5 as the least important. Place an X on the line if the item has no importance to you.

- \_\_\_\_\_ Inconspicuous Appearance
- \_\_\_\_\_ Understanding Speech Better
- \_\_\_\_\_ Benefit in Noise Environments
- \_\_\_\_\_ Cost
- \_\_\_\_\_ Service

**Instructions:** Do you prefer hearing devices that: (Please check one.)

- \_\_\_\_\_ Are completely automatic, therefore, you do not have to make any adjustments to them.
- \_\_\_\_\_ Allow you to adjust the volume and change the listening programs as you see fit.
- \_\_\_\_\_ No Preferences.

### **Amplification History:**

Do you currently or have you worn hearing devices? ☐NO ☐YES If yes, which ear: ☐Right ☐Left ☐Both

**If no, please skip the remainder of the questionnaire and sign at the bottom of this page.**

How long have you been wearing hearing devices? ☐Less than 1 year ☐1-10 years ☐More than 10 years

What year did you buy your current hearing devices? \_\_\_\_\_

If known, please list the manufacturer, model and/or style of hearing device that you currently wear:

Approximately how many hours a day do you wear your hearing devices? \_\_\_\_\_

How satisfied are you with your hearing devices? (Check one)

☐Very Satisfied ☐Satisfied ☐Neutral ☐Dissatisfied ☐Very Dissatisfied

Please explain: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

*Thank you* for taking the time to fill out this questionnaire. Your responses will assist us in providing you with the best hearing health care. Please sign below indicating that the information in this form has been read, understood, filled out completely & accurately to the best of your knowledge.

Printed name: \_\_\_\_\_ DOB: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Tinnitus Handicap Inventory (THI)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Instructions:** The purpose of this questionnaire is to identify, quantify, and evaluate the difficulties that you may be experiencing because of tinnitus. Please do not skip any questions. When you have answered all the questions, add up your total score, based on the values for each response.

If applicable, complete for current symptoms.



| Question  | Yes                          | Sometimes                          | No                          |
|---|------------------------------|------------------------------------|-----------------------------|
| 1. Because of your tinnitus, is it difficult for you to concentrate?  | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 2. Does the loudness of your tinnitus make it difficult for you to hear people?   | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 3. Does your tinnitus make you angry?   | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 4. Does your tinnitus make you feel confused?   | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 5. Because of your tinnitus, do you feel desperate?   | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 6. Do you complain a great deal about your tinnitus?  | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 7. Because of your tinnitus, do you have trouble falling asleep at night?   | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 8. Do you feel as though you cannot escape your tinnitus?   | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 9. Does your tinnitus interfere with your ability to enjoy your social activities (such as going out to dinner, to the movies)? | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 10. Because of your tinnitus, do you feel frustrated?   | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 11. Because of your tinnitus, do you feel that you have a terrible disease?   | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 12. Does your tinnitus make it difficult for you to enjoy life?   | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 13. Does your tinnitus interfere with your job or household responsibilities?   | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 14. Because of your tinnitus, do you find that you are often irritable?   | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 15. Because of your tinnitus, is it difficult for you to read?  | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 16. Does your tinnitus make you upset?  | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 17. Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends?     | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 18. Do you find it difficult to focus your attention away from your tinnitus and on other things?                               | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 19. Do you feel that you have no control over your tinnitus?  | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 20. Because of your tinnitus, do you often feel tired?  | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 21. Because of your tinnitus, do you feel depressed?  | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 22. Does your tinnitus make you feel anxious?   | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 23. Do you feel that you can no longer cope with your tinnitus?   | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 24. Does your tinnitus get worse when you are under stress?   | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |
| 25. Does your tinnitus make you feel insecure?  | Yes <input type="checkbox"/> | Sometimes <input type="checkbox"/> | No <input type="checkbox"/> |

# Complete Hearing

## Balance Questionnaire

If applicable, complete for past or current symptoms.

PATIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

Balance disorders may appear with a variety of symptoms. Some individuals may experience *true spinning*, while others may have *imbalance or unsteadiness*. Please spend a few minutes answering the questions regarding your history and symptoms.

### **BEFORE MY SYMPTOMS STARTED I HAD:**

|                                       |   |
|---------------------------------------|---|
| _____ Changes in Medication/Health    | _____ Been on a boat/airplane/long car ride |
| _____ Head Trauma/Concussion          | _____ Headaches                             |
| _____ Fallen/Whiplash                 | _____ Virus (Shingles/Cold Sores)           |
| _____ Upper Respiratory Infection/Flu | _____ Exposed to irritating fumes/toxins    |
| _____ Increased Stress Levels         |   |

### **ONSET**

When did it **first** occur? \_\_\_\_\_

How many episodes have you had? \_\_\_\_\_

Is it constant or intermittent? \_\_\_\_\_

If intermittent, are you symptom free between episodes? \_\_\_\_ Yes \_\_\_\_ No

Do you take any medications for dizziness? \_\_\_\_ Yes \_\_\_\_ No

If Yes: Medication & When Used? \_\_\_\_\_

Do you take medications for migraines? \_\_\_\_ Yes \_\_\_\_ No

If Yes: Medication & When Used? \_\_\_\_\_

### **CURRENT SYMPTOMS**

Date and details of your **most recent** episode? \_\_\_\_\_

Please **mark all that apply**;

#### **When Dizzy I Feel:**

\_\_\_\_\_ I am spinning  
\_\_\_\_\_ Room is spinning  
\_\_\_\_\_ Lightheaded  
\_\_\_\_\_ Unsteady  
\_\_\_\_\_ Loss of Balance/Fall  
\_\_\_\_\_ Other

#### **My Symptoms Last:**

\_\_\_\_\_ Seconds  
\_\_\_\_\_ Minutes  
\_\_\_\_\_ Hours  
\_\_\_\_\_ Days  
\_\_\_\_\_ Weeks  
\_\_\_\_\_ Months

#### **My Symptoms Are:**

\_\_\_\_\_ Mild  
\_\_\_\_\_ Moderate  
\_\_\_\_\_ Severe  
\_\_\_\_\_ Debilitating



### **MY SYMPTOMS ARE MOST NOTICABLE WHEN:**

\_\_\_\_\_ Lying Down  
\_\_\_\_\_ Rolling over  
\_\_\_\_\_ Getting out of bed  
\_\_\_\_\_ Tilting my head back  
\_\_\_\_\_ Moving head side to side  
\_\_\_\_\_ Walking  
\_\_\_\_\_ Driving  
\_\_\_\_\_ Fatigued  
\_\_\_\_\_ Stressed

### **GENERAL MEDICAL HISTORY**

\_\_\_\_\_ Anxiety  
\_\_\_\_\_ Depression  
\_\_\_\_\_ Obsessive Compulsive Disorder  
\_\_\_\_\_ Epilepsy  
\_\_\_\_\_ Seizures  
\_\_\_\_\_ Cold Sores/Fever Blisters  
\_\_\_\_\_ Hearing Loss  
\_\_\_\_\_ Tinnitus  
\_\_\_\_\_ Memory Problems  
\_\_\_\_\_ Confusion  
\_\_\_\_\_ Osteoporosis  
\_\_\_\_\_ Neuropathy  
\_\_\_\_\_ Clumsiness/Weakness of Arms/Legs  
\_\_\_\_\_ Motion Sickness  
\_\_\_\_\_ High Blood Pressure  
\_\_\_\_\_ Diabetes  
\_\_\_\_\_ Headaches  
\_\_\_\_\_ Double or Blurred Vision  
\_\_\_\_\_ ENT or Neurology Consultation  
\_\_\_\_\_ Dates: \_\_\_\_\_  
  
\_\_\_\_\_ Imaging Studies MRI? CT Scan?  
\_\_\_\_\_ Dates: \_\_\_\_\_

### **WHEN “DIZZY” I ALSO EXPERIENCE:**

\_\_\_\_\_ Ringing in the ears  
\_\_\_\_\_ Hearing Loss/Ear Fullness  
\_\_\_\_\_ Nausea/Vomiting  
\_\_\_\_\_ Blurred/Double Vision  
\_\_\_\_\_ Head Fullness  
\_\_\_\_\_ Shimmers in Vision  
\_\_\_\_\_ Light/Sound/Smell Sensitivity  
\_\_\_\_\_ Slurred Speech  
\_\_\_\_\_ Headache (Before/During/After)

### **HEADACHES**

\_\_\_\_\_ Have had 3 – 4 memorable headaches  
\_\_\_\_\_ Family History of Migraines  
\_\_\_\_\_ Throbbing/Pulsating Headaches  
\_\_\_\_\_ Visual Disturbances (Auras/Sparkles)  
\_\_\_\_\_ Aggravated by physical activity  
\_\_\_\_\_ Located on one side of your head  
\_\_\_\_\_ Had nausea/vomiting w/headache  
\_\_\_\_\_ Relieved by being in quiet/darkness

### **HEALTH & WELLNESS**

How many hours do you sleep at night? \_\_\_\_\_  
Caffeine? How much daily? \_\_\_\_\_  
How often do you eat out? \_\_\_\_\_  
Do you eat processed foods?  
(Foods from a can or box) Yes/No  
Do you exercise on a regular basis? Yes/No  
Are you under a lot of stress? Yes/No

#### ***Females Only***

Menopausal Status: Pre/Peri/Post

Hysterectomy: Full/Partial  
When? \_\_\_\_\_

Hormone Panel: Normal/Abnormal  
When? \_\_\_\_\_

# Dizziness Handicap Inventory (DHI)

Complete  
Hearing

PATIENT NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

Please mark an "x" in the appropriate box regarding your dizziness/imbalance symptoms

If applicable, complete for current symptoms.

|   | YES                      | SOMETIMES                | NO                       |
|---|--------------------------|--------------------------|--------------------------|
| <b>P1</b> Does looking up increase your problem?  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>E2</b> Because of your problem, do you feel frustrated?  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>F3</b> Because of your problem, do you restrict your travel for business or recreation?  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>P4</b> Does walking down the aisle of a supermarket increase your problems?  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>F5</b> Because of your problem, do you have difficulty getting into or out of bed?   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>F6</b> Does your problem significantly restrict your participation in social activities, such as going out to dinner, going to the movies, dancing, or going to parties? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>F7</b> Because of your problem, do you have difficulty reading?  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>P8</b> Does performing more ambitious activities such as sports, dancing, household chores (sweeping or putting dishes away) increase your problems?                     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>E9</b> Because of your problem, are you afraid to leave your home without having without having someone accompany you?   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>E10</b> Because of your problem have you been embarrassed in front of others?  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>P11</b> Do quick movements of your head increase your problem?   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>F12</b> Because of your problem, do you avoid heights?   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>P13</b> Does turning over in bed increase your problem?  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>F14</b> Because of your problem, is it difficult for you to do strenuous homework or yard work?  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>E15</b> Because of your problem, are you afraid people may think you are intoxicated?  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>F16</b> Because of your problem, is it difficult for you to go for a walk by yourself?   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>P17</b> Does walking down a sidewalk increase your problem?  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>E18</b> Because of your problem, is it difficult for you to concentrate?   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>F19</b> Because of your problem, is it difficult for you to walk around your house in the dark?  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>E20</b> Because of your problem, are you afraid to stay home alone?  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>E21</b> Because of your problem, do you feel handicapped?  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>E22</b> Has the problem placed stress on your relationships with members of your family or friends?  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>E23</b> Because of your problem, are you depressed?  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>F24</b> Does your problem interfere with your job or household responsibilities?   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>P25</b> Does bending over increase your problem?   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Used with permission from GP Jacobson. Jacobson GP, Newman CW: The development of the Dizziness Handicap Inventory. Arch Otolaryngol. Head Neck Surg 1990;116: 424-427

For Office Use Only  
Score P: \_\_\_\_\_ E: \_\_\_\_\_ F: \_\_\_\_\_

16-34 Points (mild)  
36-52 Points (moderate)  
54+ Points (severe)